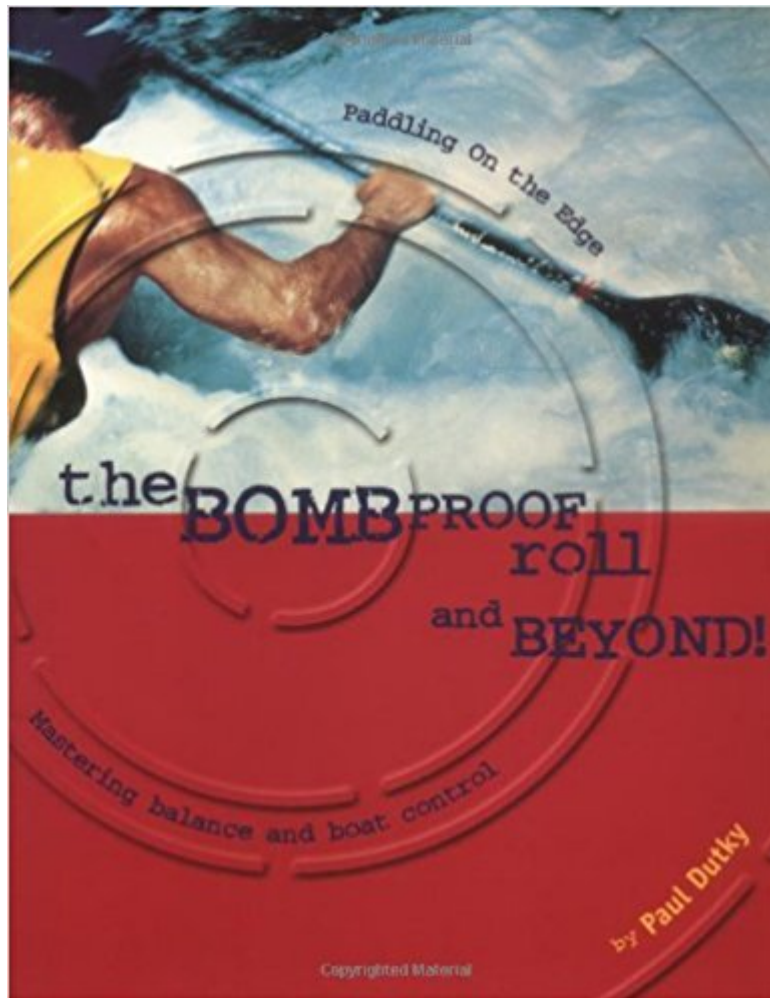




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The Bombproof Roll And Beyond



Synopsis

Wonderfully written text and detailed diagrams take paddlers through the basics of the roll, and into advanced rolls and surfing. A must for the kayaker who lives to surf.

Book Information

Paperback: 192 pages

Publisher: Menasha Ridge Press; 1 edition (July 1, 1993)

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Shipping Weight: 1.2 pounds

Average Customer Review: 4.6 out of 5 stars 15 customer reviews

Best Sellers Rank: #1,436,504 in Books (See Top 100 in Books) #66 in Books > Sports & Outdoors > Outdoor Recreation > Kayaking > Whitewater Kayaking #1212 in Books > Sports & Outdoors > Miscellaneous > Reference #3928 in Books > Sports & Outdoors > Water Sports

Customer Reviews

A must for the kayaker who lives to surf! -- .

Paddling on the edge - the ability to hold the kayak level or on edge using knee pressure, to maintain balance using body lean, and when needed to shift weight forward or backward are the skills fundamental to even simple maneuvers such as bracing, upstream ferries, and the Eskimo roll. The Bombproof Roll and Beyond! is an introduction to edge control and balance for paddlers from the beginner to the most expert. Author Paul Dutky shares his whitewater experience to help paddlers master those techniques that will enable them to surf, to playboat, and to run even the most challenging whitewater safely and with confidence. (8 1/2 x 11, 176 pages, diagrams)

Classic book for those wanting to learn to roll reliably. No fluff, just lucid instruction. I learned to roll from this book many years ago, and have yet to find a better guide. In many ways, this book is better than a video, due to its clearly drawn, step-by-step diagrams and easily understood text. Thank you Paul (not Pat).

This book was actually my first ever .com purchase almost 10 ago. It is a must have for anyone new

to the sport of kayaking and just getting down the art of the bombproof roll, something essential for Class 4 whitewater or greater. This is a book with excellent illustrations and in-depth explanations, which allow one to visualize how a specific roll is done, even if there is nobody there showing you first-hand. This book has it all: the regular Eskimo roll, the two-handed roll, the one-handed roll, and even the no hands roll. And even non-roll techniques are presented here, such as wave surfing. Practically whatever you want to learn, it is in this book. I heartily recommend this.....a must-have to anyone new to the sport.

When I received the book, I knew it was not new. There were some highlighted sentences. My thoughts on that are, someone else thought those were important, so I should take them seriously too. The book is everything I thought it would be. It is in great condition. It has also been good reading for someone who is trying to learn how to roll a kayak. Thank you.

Fabulous book if you want to learn the roll. The diagrams and explanations are top notch.

This is well-written and thorough. The techniques are well-described. The illustrations are quite helpful. When I received the book, I realized the author's name is "Paul" (not Pat) Dutky.

good book. Not as entertaining as Nealy's.

This book is probably the best book so far. Highly recommend to buy the book to all those white and sea kayakers.

I bought this book for my boyfriend, he has been using it for months and frequently goes out to practice what he has learnt from the book. He has become a skilled paddler and almost everything he has learned has come from this book. It's the best gift I ever bought for him.

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